


	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Year 1</b>	<p>Bears Tea party - healthy sandwiches. <b>Diet</b></p> <p>PSHE : Physical health and wellbeing</p> <p><b>CC - Food Choices</b> (including celebrations)</p>	<p>CC- Looking after yourself (oral Health/Teeth)</p> <p><b>CC - Food Choices</b> (including celebrations)</p>	<p>Don. M - <b>CC</b> - Recognise food can be grown at home or at school. Growing Project.</p>	<p>Dips and Dippers (DT)</p> <p>China - eating/other cultures.</p> <p>Science - <b>CC - Food Origins</b> recognise that all food comes from plants and animals.</p>	<p>Promoting Physical activity outside school</p> <p><b>CC</b> - Know that an <b>active lifestyle</b> is good for health. (Active lifestyles)</p>	<p>Fruit Salad (DT)</p> <p><b>CC</b> - be aware that some foods have labels which provide information to help with making a choice. <b>Food Labelling</b></p> <p><b>DM - CC - Food preparation and handling skills. And Food Safety</b></p>
<b>Year 2</b>	<p><b>CC- Eat Well Plate / Rainbow of healthy foods. (Diet)</b></p> <p>PSHE: Physical Health &amp; Wellbeing: What keeps us healthy?</p> <p><b>CC - Active Lifestyles (Physical Activity)</b></p> <p>KS1 Cooking club</p> <p><b>CC - Food safety</b></p>	<p>Science - Animals including Humans</p> <p>How will 5 a day keep us healthy?</p> <p><b>CC - Diet (Food &amp; drink)</b></p> <p><b>CC - Active Lifestyles (Physical Activity)</b></p> <p>KS1 Cooking club</p> <p><b>CC - Food safety</b></p>	<p>Science - Animals including Humans</p> <p>How will 5 a day keep us healthy?</p> <p><b>CC - Diet (Food &amp; drink)</b></p> <p><b>CC - Active Lifestyles (Physical Activity)</b></p> <p>KS1 Cooking club</p>	<p><b>CC - Active Lifestyles (Physical Activity)</b></p> <p><b>CC - Food choice</b></p> <p>China - eating/other cultures.</p> <p><b>CC - Food origins</b></p> <p>KS1 Cooking club</p> <p><b>CC - Food safety</b></p>	<p><b>CC - Active Lifestyles (Physical Activity)</b></p> <p>KS1 Cooking club</p> <p><b>CC - Food safety</b></p>	<p><b>CC - Active Lifestyles (Physical Activity)</b></p> <p><b>CC - Food labelling</b></p> <p>KS1 Cooking club</p> <p><b>CC - Food safety</b></p>

	CC - Food preparation & Handling skills	CC - Food preparation & Handling skills	CC - Food safety CC - Food preparation & Handling skills	CC - Food preparation & Handling skills	CC - Food preparation & Handling skills	CC - Food preparation & Handling skills
Year 3	CC- Science- <b>Diet:</b> Food and nutrition 5 food groups and 7 nutrients + healthy diet  CC- <b>Active lifestyles-</b> Science- muscles and how they work and doing regular exercise makes their bodies fitter and healthier	CC- <b>Active lifestyles-</b> To know how physical activity affects their health	CC- Science- <b>Food Origins</b> explore the requirements of plants for life and growth and how they provide food  DM - CC - <b>Food preparation and handling skills. And Food Safety</b>	DM - CC - <b>Food preparation and handling skills. And Food Safety</b>	CC- <b>Food labelling-</b> make use of information on food and drink labels	CC- <b>Food choice-</b> appropriate portion size
Year 4	Science: What happens to the chocolate we swallow? Digestive system <b>CC: Diet</b> Food needs change and allergies How does a Nile flood help the farmers? <b>CC: Consumer awareness and food origins</b> Egyptian diet and variety of food types Crops and seasons of growth <b>CC: Food preparation and handling skills</b> Sampling fruits		History: What did the Romans do for us? <b>CC: Food preparation and handling skills</b> Demonstrate and increasing range of food preparation skills  PSHE: Physical health and wellbeing <b>CC: Active lifestyle</b> Regular physical activity and its importance	DT: DM <b>CC: Food choices and Diet</b> that a healthy diet is made up from a variety and balance of different food and drink	History: Where did the Anglo-Saxons come from? <b>CC: Food preparation and handling skills</b> Try a range of ingredients and recipes <b>CC: Food safety</b> Demonstrate good food safety practices	DT: DM <b>CC: Diet</b> that to be active and healthy, food and drink are needed to provide energy for the body
Year 5	C.C. Active lifestyles-ongoing. Thursday/Friday PE sessions. Football, Netball and Athletics club.	C.C. Consumer awareness. Food origins. WW2. UK.OK. (Land use).	C.C. Food choice- Persuasive writing.		C.C. Food prep. History. Aztecs.  C.C. Diet. Science. Living things.	C.C. Food prep. History. Aztecs. 

		C.C. Food prep. WW2, U.K.O.K.	C.C. Active lifestyles. Physical health and well-being.			
Year 6	<p>World War 2 Topic/DT - Rationing, portion size, Dig for Victory Campaign, prepare a VE street party and food in the Ghettos of Warsaw</p> <p><b>CC - Food Choices and Consumer Awareness - Origins of Food</b> <b>Cooking Food - Food Preparation and Handling</b> <b>Food Safety</b></p> <p>PE - Cardio Ball Skills/Athletics</p> <p><b>CC - Active Lifestyle</b></p>	<p>World War 2 Topic/DT - Rationing, portion size, Dig for Victory Campaign, prepare a VE street party and food in the Ghettos of Warsaw</p> <p><b>CC - Food Choices and Consumer Awareness - Origins of Food</b> <b>Cooking Food - Food Preparation and Handling</b> <b>Food Safety</b></p> <p>PE - Static Balances/ Invasion Games</p> <p><b>CC - Active Lifestyle</b></p>	<p>Aztecs Topic - Prepare an Aztec Feast</p> <p>CC - Diet <b>Origins of Food</b> <b>Cooking Food - Food Preparation and Handling</b> <b>Food Safety</b></p> <p>Science - bacteria and micro-organisms</p> <p><b>CC - Food Safety</b></p> <p>PE - Dynamic Balance/Invasion Games</p> <p><b>CC - Active Lifestyle</b></p>	<p>Science - What Would a Journey Through Your Body Be Like?</p> <p>CC - Diet PE-Agility Balance/Dance</p> <p><b>CC - Active Lifestyle</b></p>	<p>PHSE - Ice Lolly Enterprise</p> <p><b>CC-Diet (Food and Drink)</b> PE - Floor Movements/Net and Wall Tennis</p> <p>Sports Day</p> <p><b>CC - Active Lifestyle</b></p>	<p>Science Investigations linked to food groups, exercise and growth</p> <p><b>CC- Diet</b> <b>CC - Consumer Awareness - Food Origins</b> <b>Food Labelling</b> <b>Food Choice</b> <b>Active Lifestyles</b></p> <p>PE - Agility Striking and Fielding</p> <p><b>CC - Active Lifestyle</b></p>

LONG TERM PLAN 2017 -18: Cooking in the curriculum and Healthy/ Healthy Eating Long Term Plan