











Summerfield Primary School
PHYSICAL EDUCATION - CURRICULUM MAP





	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
AUTUMN 1 Lesson 1 Real PE  (UNIT 1) 	Coordination - Floor Movement Patterns (FUNS 10) Static Balance - One Leg Standing (FUNS 1)	Coordination - Floor Movement Patterns (FUNS 10) Static Balance - One Leg Standing (FUNS 1)	Cardio - Coordination - Floor Movement Patterns (FUNS 10) Cool Down - Static Balance - One Leg Standing (FUNS 1)	Cardio - Coordination - Floor Movement Patterns (FUNS 10) Cool Down - Static Balance - One Leg Standing (FUNS 1)	Cardio - Ball Skills (FUNS 9) Agility - Reaction / Response (FUNS 12)	Cardio - Ball Skills (FUNS 9) Agility - Reaction / Response (FUNS 12)
	PERSONAL	PERSONAL	PERSONAL	PERSONAL	COGNITIVE	COGNITIVE
Lesson 2	Dance Perform dances using simple movement patterns	Gymnastics Agility, Balance, Coordination (ABC)	Athletics/OAA	SWIMMING	Athletics/OAA	Athletics/OAA
AUTUMN 2 Lesson 1 Real PE  (UNIT 2) 	Dynamic Balance to Agility (FUNS 6) Static Balance - Seated (FUNS 2)	Dynamic Balance to Agility (FUNS 6) Static Balance - Seated (FUNS 2)	Cardio - Dynamic Balance to Agility (FUNS 6) Cool Down - Static Balance - Seated (FUNS 2)	Cardio - Dynamic Balance to Agility (FUNS 6) Cool Down - Static Balance - Seated (FUNS 2)	Static Balance - Seated (FUNS 2) Static Balance - Floor Work (FUNS 3)	Static Balance - Seated (FUNS 2) Static Balance - Floor Work (FUNS 3)
	SOCIAL	SOCIAL	SOCIAL	SOCIAL	CREATIVE	CREATIVE
Lesson 2	Games activities Throwing & catching	Games activities Throwing & catching	Dance- Cybercoach	SWIMMING	Invasion Games	Invasion Games



SPRING 1 Lesson 1 Real PE  (UNIT 3) 	Dynamic Balance (FUNS 5) Static Balance - Small Base (FUNS 4)	Dynamic Balance (FUNS 5) Static Balance - Small Base (FUNS 4)	Cardio Dynamic Balance (FUNS 5) Cool Down - Coordination - Ball Skills (FUNS 9)	Cardio Dynamic Balance (FUNS 5) Cool Down - Coordination - Ball Skills (FUNS 9)	Dynamic Balance (FUNS 5) Counter Balance in Pairs (FUNS 7)	Dynamic Balance (FUNS 5) Counter Balance in Pairs (FUNS 7)
	COGNITIVE	COGNITIVE	COGNITIVE	COGNITIVE	SOCIAL	SOCIAL
Lesson 2	Dance Perform dances using simple movement patterns	Gymnastics Agility, Balance, Coordination (ABC)	Invasion Games	SWIMMING	Invasion Games	Invasion Games

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
SPRING 2 Lesson 1 Real PE  (UNIT 4) 	Coordination - Ball Skills (FUNS 9) Counter Balance in Pairs (FUNS 7)	Coordination - Ball Skills (FUNS 9) Counter Balance in Pairs (FUNS 7)	Cool Down Coordination with Equipment (FUNS 8) Cool Down - Counter Balance in Pairs (FUNS 7)	Cool Down Coordination with Equipment (FUNS 8) Cool Down - Counter Balance in Pairs (FUNS 7)	Static Balance - One Leg Standing (FUNS 1) Dynamic Balance to Agility (FUNS 6)	Static Balance - One Leg Standing (FUNS 1) Dynamic Balance to Agility (FUNS 6)
	CREATIVE	CREATIVE	CREATIVE	CREATIVE	PHYSICAL	PHYSICAL
Lesson 2	Gymnastics Agility, Balance, Coordination (ABC)	Dance Perform dances using simple movement patterns	Invasion Games	SWIMMING	Dance-Cybercoach	Dance-Cybercoach



SUMMER 1 Lesson 1 Real PE  (UNIT 5) 	Coordination with Equipment (FUNS 8) Agility - Reaction/Response (FUNS 12)	Coordination with Equipment (FUNS 8) Agility - Reaction/Response (FUNS 12)	Cardio - Agility - Reaction/Response (FUNS 12) Cool Down - Static Balance - Floor Work (FUNS 3)	Cardio - Agility - Reaction/Response (FUNS 12) Cool Down - Static Balance - Floor Work (FUNS 3)	Static Balance - Small Base (FUNS 4) Coordination - Floor Movement Patterns (FUNS 10)	Static Balance - Small Base (FUNS 4) Coordination - Floor Movement Patterns (FUNS 10)
	PHYSICAL	PHYSICAL	PHYSICAL	PHYSICAL	HEALTH & FITNESS	HEALTH & FITNESS
Lesson 2	Games activities Participate in team games, developing simple tactics for attacking and defending	Games activities Participate in team games, developing simple tactics for attacking and defending	Net/wall-Tennis	SWIMMING	Net/wall-Tennis	Net/wall-Tennis
SUMMER 2 Lesson 1 Real PE  (UNIT 6) 	Agility - Ball Chasing (FUNS 11) Static Balance - Floor Work (FUNS 3)	Agility - Ball Chasing (FUNS 11) Static Balance - Floor Work (FUNS 3)	Cardio - Agility - Ball Chasing (FUNS 11) Cool Down - Static Balance - Small Base (FUNS 4)	Cardio - Agility - Ball Chasing (FUNS 11) Cool Down - Static Balance - Small Base (FUNS 4) To include some athletics (Sports Day)	Agility - Ball Chasing (FUNS 11) Coordination with Equipment (FUNS 8)	Agility - Ball Chasing (FUNS 11) Coordination with Equipment (FUNS 8)
	HEALTH & FITNESS	HEALTH & FITNESS	HEALTH & FITNESS	HEALTH & FITNESS	PERSONAL	PERSONAL
Lesson 2	Athletics/OAA (Sports Day)	Athletics/OAA (Sports Day)	Striking & Fielding	SWIMMING	Striking & Fielding	Striking & Fielding



	Running, jumping, throwing and catching	Running, jumping, throwing and catching	(Sports Day)		(Sports Day)	(Sports Day)
--	---	---	--------------	--	--------------	--------------

Some units of work are subject to change as outside agencies such as Leeds Rhinos, Leeds United and Bramley Phoenix are booked in throughout the year.

Swimming

The Department for Education has shown their commitment to school swimming by including swimming and water safety in the revised national curriculum for PE for schools in England.

The National Curriculum states: "*All schools must provide swimming instruction either in Key Stage 1 or Key Stage 2. In particular, pupils should be taught to swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively such as front crawl, backstroke and breaststroke and perform safe self-rescue in different water-based situations.*"